

# SANDRA CHENG CREATIVE HUMP



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- sandra.cheng@gmail.com
- www.creativeHUMP.com
- Culver City, Los Angeles CA

## MISSION

To inspire creative flow and support people in crisis with actions that encourage healing. Experienced with art, animation, performance arts, and recovery from mental health issues.

## TRAINING

- MediCal Peer Support Specialist 2024
- Crisis Response Team Volunteer 2018
- Smoking Cessation Task Force 2015
- PublicHealth COD PeerAdvocate 2012
- NAMI In our Own Voice Presenter 2009
- MHALA Jumpstart Rehabilitation 2008

## AWARDS

- Tokyo Broadcast System intern 2006
- Film Festivals Awardee 2004
- Scholarship Recipient 2003-4
- USC Production Assistant 2003-6

## REFERENCES

### Dr. Denise Maratos

Wildflowers' Movement founder

Phone: (951) 638-9355 (WELL)

Email : denise@depthemergence.com

### Dr. Molly Wolf

MayWeAllWin.com/ Wolf Rising, LLC

Phone: (814) 628-8169

Email : molly1019@yahoo.com

## EDUCATION

**Master of Fine Arts in Animation** 2002-2005  
University of Southern California

**Bachelor of Fine Arts in Painting** 1991-1998  
Rutgers State University

## EXPERIENCE

**Freelance Artist/ Group Leader** 2015 - Present  
**Creative Hump/ W is for Web**

- Meeting regularly with new and continuing group members
- Building website and newsletters prior to each meeting
- Generating creative activities and empowering others
- Sharing information for SEO & marketing basics

**Peer Specialist**  
**Didi Hirsch CMHS Wellness Center** 2015 - 2019  
**NAMI Urban LA & Didi Hirsch** 2008 - 2015

- Customizing job searches, writing and rebuilding résumés
- Facilitating groups to build interpersonal relationships
- Teaching computer & mobile skills for digital literacy
- Assisting students in writing newsletter articles
- Directing clients with self-expression and creative support

**Animator** 2014  
**Entertainment Industry Council**

Provided Titles and white board animation for a documentary meant to teach the public and especially media how to talk about mental health issues and people who may or may not have been a survivor of suicide

# SANDRA CHENG

and my Mom, Bi-Len

My Mother is my teacher, my best friend, and my first role model for recovery. She is the person with the most influence in my family because she is always there.

## CERTIFICATIONS

<b>PaintedBrain</b>	Medi-Cal Peer Support Specialist	2024
<b>LACRT</b>	Crisis Response Team Volunteer	2018
<b>NAAPIMHA</b>	Whole Health Wellness Coach	2013
<b>NAMI</b>	Peer to Peer Mentor Training, Orange County, CA	2013
<b>UCLA</b>	Mindful Self-Directed Recovery, Peer advocate	2012
<b>Public Health</b>	Co-Occuring Disorders Peer Advocate Training	2012
<b>AAPI</b>	Cultural Competency Peer Mental Health	2011
<b>NAMI</b>	Family to Family Education Program	2011
<b>PRPSN</b>	Peer advocate Train the trainer	2010
<b>NAMI</b>	Connection Recovery Support Group Facilitator	2009
<b>NAMI</b>	In Our Own Voice: Living with Mental Illness Presenter	2009

## VOLUNTEER

### Wildflowers' Movement

Group Leader, Creative director 2016- present

### Los Angeles County Client Coalition, Inc.

Board Member, Group leader 2018- 2024

### Crisis Response Team

Volunteer in 2018/ Hiatus in 2020/ Active 2023

### Bunny Bunch SPCA

Hamster Foster Mom 2010- 2016

### Didi Hirsch CMHC

Employment Support Specialist 2007- 2008



## CREATIVE HUMP

<https://creativehump.com>

## TECH SKILLS

- MS Office, Google Docs, Excel
- WordPress, Carrd, SquareSpace
- FTP & Domain Transfers
- Adobe Express, Creative Cloud
- Facebook, Insta, Pinterest posts
- Eventbrite, Google My Business
- Video Editing, After Effects
- Animation Procreate Dream
- ChatGPT, Claude, Perplexity

## PEER SKILLS

- WRAP Facilitator
- WHAM Group Leader
- Reflective listening
- Core Gifts Group facilitation
- Motivational Interviewing
- COS documentation
- Time Management
- Resourceful
- Cultural Competency
- HIPAA compliant